

Annabel Karmel MBE

Mumpreneur, baby and toddler nutrition expert and best selling author

- Available For:
- Keynote Speaking
 - Motivational Speaking

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About

Annabel Karmel is proof-positive that you don't need a business degree to build a successful brand. After growing her business empire from scratch at her kitchen table, the mother of three is the UK's No.1 children's cookery author, best-selling international author, and expert on devising delicious, nutritious meals for babies, children and families.

Since launching with The Complete Baby and Toddler Meal Planner more than 20 years ago, Annabel has written 40 books, which have sold over four million copies worldwide, covering every stage of a child's development. In fact, Annabel's very first book is the 2nd best-selling non-fiction hardback of all time.

From nutrition during pregnancy and weaning, through to feeding fussy eaters and family cooking, Annabel continues to be the UK's most trusted, influential and inspiring resource for mums who want to give their growing family the very best start in life.

As well as her books, Annabel has been recognised as one of the UK's leading female entrepreneurs and has become an inspirational role model for women – especially mothers- who want to set up in business.

In 2006, Annabel was awarded an MBE in the Queen's Birthday Honours for her outstanding work in the field of child nutrition. More recently, she has been working on The School Food Plan, devising hot, healthy food solution for small schools.

A leading authority on children's food and nutrition, Annabel is also a regular contributor on children's health and food related issue in the media, often appearing on Sky News, BBC and radio. She also writes for the UK's leading parenting magazines and national newspapers.

Annabel's sought after recipes have also grown into a successful supermarket food range with Organic Baby Purees and Chilled Toddler Meals. Her quick and tasty meals offer all the goodness of a home cooked meal for those busy days. Annabel has also designed menus for some of the UK's biggest leisure resorts, retailers and nurseries too.

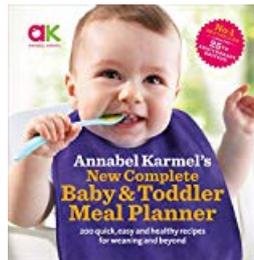
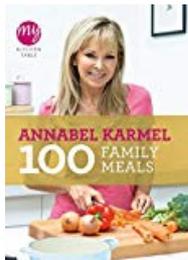
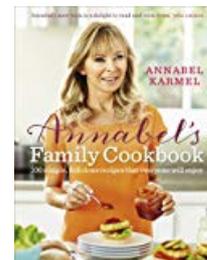
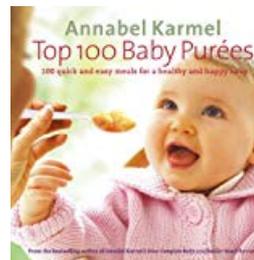
In her book, Mumpreneur, Annabel reveals the secrets of her success. Drawing on her own extensive experience in juggling motherhood with building a thriving enterprise, she equips mums with the confidence, skills and tools to turn their start-up dreams into reality. Annabel also brings together a smart combination of practical advice and inspiring stories from top business leaders and working mothers, including Chrissie Rucker, Thomasina Miers and Thea Green.

Inspirational and approachable, Annabel is the perfect role model to empower mums to take that first step in starting a business.

Video



Books and DVD's



TAGS FOR ANNABEL KARMEL MBE

Food and Drink

Entrepreneur

Authors & Writers

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