

# Ben Fogle

## Explorer, television presenter and wildlife enthusiast

- Available For:
- After Dinner Speaking
  - Motivational Speaking
  - Celebrity Personal Appearance
  - Hosting & Presenting



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## About

Ben Fogle was born in 1973, the son of actress Julia Foster and broadcast vet Bruce Fogle. Educated at Bryanston School in Dorset Ben went on to study Latin American Studies at the University of Costa Rica and University of Portsmouth, where Ben enrolled as an Officer in the Royal Naval Reserve, as a Midshipman.

Ben spent several years in Latin America, working on a turtle conservation project on the Mosquito coast of Honduras and working in an orphanage in Ecuador.

In 2000 Ben volunteered to be marooned on Taransay, a remote windswept island in the Outer Hebrides as part of the BBC's big millennium project Castaway 2000.

Ben has since presented numerous programmes including the BBC's Animal Park, Countryfile, Wild in Africa, Crufts, One Man and His Dog, Holiday and Cash in the Attic and the BBC's adventure series, Extreme Dreams.

Ben has written several books, The Teatime Islands, Journey's to Britain's Faraway Outposts, Offshore and The Crossing, co written with James Cracknell as they describe their experiences conquering the Atlantic in the world's toughest rowing race

He has completed the Marathon Des Sables, a one hundred and sixty mile, six day, self sufficient race across the Sahara Desert which he ran for WWF. He has completed the Safaricom Marathon in Kenya for the TUSK Trust and also rowed across the Atlantic Ocean with Double Olympic oarsman, James Cracknell, in 49 days, setting the British pairs record. Ben and his partner Marina set the world record for sailing from Portsmouth to Cork in the Big V sailing race in just 49 hours.

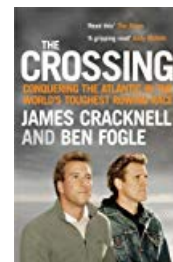
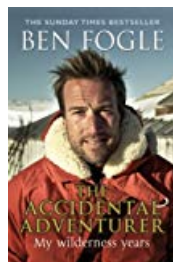
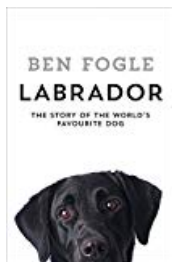
Ben has been nominated as TV personality of the year and as best new talent at the Royal Television Society and his first book, The Teatime Islands was short listed for the WHSmith's people's award for Best Travel book.

Ben is a fellow of the Royal Geographic society, an Ambassador for WWF and keen supporter of the Duke of Edinburgh Award scheme and Hearing Dogs for Deaf People.

## Video



## Books and DVD's



### TAGS FOR BEN FOGLE

Television Presenter

Conservation & The Environment

Travel

Overcoming Adversity

Peak Performance

Sustainability

Teamwork

Adventurers & Explorers

Nature & Wildlife

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