

# Andy McMenemy

## Marathon Man - In 2011 Andy ran 66 Ultra Marathons in 66 consecutive days

Available For: 

- Motivational Speaking

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### About

Many people are excellent speakers on business. Many people are excellent speakers on sport. It is very rare to find a speaker who can truly combine the two, based on his direct experience.

Andy McMenemy is best known through the British media when, in 2011, he set out to complete a World Record bid in an epic challenge to run 66 Ultra Marathons in 66 consecutive days in the 66 official cities of the UK, whilst raising money for ABF (Army Benevolent Fund). Despite crippling injuries, including a damaged Achilles tendon on day 2(!) and strong medical advice to abandon his attempt, he carried on running - and succeeded against the odds.

In 2012, he was chosen to carry the Olympic Torch in the run-up to the London 2012 Games.

Andy McMenemy worked in Senior Management roles in the motor industry for organisations with turnovers of £1.3billion and £500million: he practises what he preaches and he leads by example. He is committed to embracing challenges and constantly pushing beyond his own comfort zones in business and in his personal life.

Andy enjoys the privilege of inspiring, managing and mentoring individuals and sales teams, in diverse businesses of all sizes. He has always had a very strong work ethic - before the motor industry, he worked at a butcher's shop, in a supply depot and supplying fruit and vegetables to the Forces.

Prior to his ultra-marathon attempt, Andy successfully completed some of the World's toughest endurance races including the infamous Marathon des Sables and the Namibian Desert 24hr Ultra Marathon.

### Video



# Testimonials

“

Andy was excellent. He followed the brief, delivered what we wanted (and more) and we'd definitely recommend him to others - in fact, we already have. We hope to follow his future challenges and maybe involve some of our own students.

Northallerton College

“

We are delighted with the success of the event and the excellence delivered by you. I would not hesitate in encouraging any association, company or team to engage your services.

Joanna Ripley, Head of Events,  
Association for Perioperative Practice

“

Andy shares his passion, enthusiasm and positivity with the audience... he brings out the best in individuals.

Charlotte Britton, Chair Yorkshire &  
Humber Young directors Forum,  
Institute of Directors

“

Andy helped me... to realise my goals and focus on what I wanted. He left me feeling that nothing was impossible, and that I was in control of my own future, not anyone else.

Natalie Fulcher, Assistant Production  
Manager, Agora Business Publications

## TAGS FOR ANDY MCMENEMY

Overcoming Adversity

Peak Performance

Inspirational

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