

# Danny Crates

## World and Paralympic 800m gold medallist

- Available For:
- Keynote Speaking
  - Motivational Speaking
  - Hosting & Presenting

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## About

Danny Crates is one of the UK's Paralympic hero's. One of most successful athletes of the past decade, without question the pinnacle of his career was claiming gold in the T46 class at the 2004 Paralympics in Athens. Danny is able to look back fondly on a glittering career that also saw him attain European Championship, Paralympic World Cup winner's medals, as well as world records along the way.

Facing a promising rugby career, playing at both regional and county level, Danny Crates suffered a horrific accident in 1994 whilst travelling and working in Australia, losing his right arm. Not to be deterred, Danny resumed his rugby activities, becoming the only known arm amputee playing club rugby in the country, receiving world wide media attention. He also turned his attention to athletics.

As a natural speedster, he soon found that he was competing with the best in the World in his event, the T46 400m arm amputee class. In the 1998 World Championships, Danny made his international debut, winning a silver medal in the 4 x 400m relay event, whilst setting a new European record. However, it was at the Sydney Paralympic Games in 2000 where he began his incredible individual medal tally. He was narrowly beaten into a bronze medal position in the 400m. The following year saw Danny capture the European 400m title.

He then turned his attention to the 800m - a transition which lead him to secure both the 2003 World Indoor 800m title and European 800m outdoor title. In 2004 he set a new world outdoor record with a time of 1:53.29 and became Paralympic champion. After Athens, Danny Crates set his sights firmly on the 2006 world championships, where he again won gold.

Danny was given the honour of carrying the GB flag at the Opening ceremony in Beijing 2008, but was unable to compete due to an injury sustained on the day before he was due to race. Danny reluctantly retired from International competition in July 2009 but now has his sights firmly set on becoming one of Britain's top platform motivational speakers.

Simply put, Danny Crates is one of life's natural characters; he will speak openly and from the heart. He shares his experiences readily with others, from young schoolchildren to seasoned corporate executives. Danny is an excellent speaker and motivator. His vast experience of making keynote speeches added with his natural charm, humour and ability to tailor his delivery to suit the needs of the client ensure that additional impact required to make any event or conference one to remember!

## Video



## Testimonials

“

Superb! What set Danny Crates aside from other speakers was his ability to draw on the parallels between business and sport which was exactly what we wanted. He exceeded all expectations.

Lloyds TSB

“

Danny is an absolute gem. His professionalism and passion for sport shines through not only his presentation but also in conversations with his audience/attendees. I've been involved in sport at many levels and in many different environments and I must say that Danny is the most inspiring athlete I have met – he is a true gentleman and a great ambassador for Sport.

Janine Beacher, City & Guilds

“

Danny was an inspiration to everyone at the conference. Out of 900 people, Danny got 98.9% score, which was the highest we have ever had.

Airwave conference (Celtic Manor)

“

Danny Crates was inspirational. Whether talking to children or presenting to adults he had the audience riveted, and we have already received a number of requests from other organisations keen to work with him.

Bob Diamond, Medway 2012 Manager

“

Danny Crates – great! Worth the whole day. Please find more like this – not

“

Danny was a reliable honest interesting a truly inspirational speaker who

education, just pure inspiration – superb!!

Essex Primary Headteachers Association

engaged the audience with humour , interest while delivering the messages we asked of him. Great person to have at any event we would certainly recommend him to others.

The Chelmsford Partnership

“

Danny Crates was the star of our conference. He certainly knows how to tell a story and had us laughing one minute, crying the next. Even better, his insights into what has led to his success were a really important lesson for our organisation, and provided much food for thought.

Patrick Ryan, Worldwide Business Development Director, PHD.

“

Danny Crates worked with us at several of our events providing motivational speaking and an insight into the mind of a Paralympian. With Danny's passion, enthusiasm and great stories it is difficult for an audience not to be captivated. In fact during one presentation the whole audience gave him a standing ovation. Danny will certainly add great things to an event. A great guy with a great story.

Jason Burkinshaw, Coca- Cola Olympic Operations Controller.

## Books and DVD's

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### TAGS FOR DANNY CRATES

Sport

Overcoming Adversity

Peak Performance

Inspirational

Athletics (Track & Field)

Paralympian

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