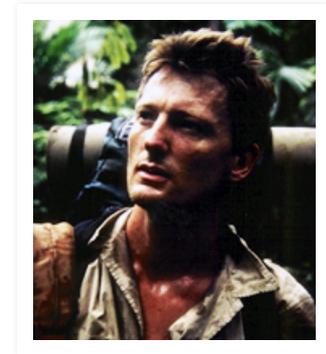


Benedict Allen

Explorer, author, filmmaker and television presenter

- Available For:
- After Dinner Speaking
 - Keynote Speaking
 - Motivational Speaking



[MAKE AN ENQUIRY](#)

About

Benedict Allen is best known for making television history by being the first to record his arduous and treacherous exploits without a TV-crew. By single-handedly capturing his experiences on film he has created groundbreaking, spontaneous and authentic programming. His six major series for the BBC include Skeleton Coast, Edge of Blue Heaven and Ice Dogs. Benedict has presented Travellers' Century and is an expert contributor for Extreme Dreams, as well as presenting the huge Channel 5 series Unbreakable. He has published ten books including The Faber Book of Exploration and Into the Abyss.

Often described as "television's most fearless man", Benedict Allen is an extremely popular after-dinner and motivational speaker. His exceptional talent for applying his pioneering expeditions to the corporate 'jungle' ensures an enthralling, entertaining and inspirational experience for any size of audience.

Unlike most adventurers today, Benedict does not carry GPS, phone or other types of backup, but survives by drawing on the skills he has learnt from indigenous peoples and pushing human endurance to its limit. He is the only non-tribesman to have undergone the harshest male initiation ceremony in the world (to make him 'a man as strong as a crocodile') in which he was beaten for six weeks and left permanently scarred on his chest and back.

He is the only person to have crossed the Amazon Basin, and to have trained a dog team to take them 1000 miles across Siberia during the worst winter in living memory. He has been shot at, had to stitch-up his own wounds (without an anaesthetic!), has been left by guides to die and has even had to eat his own dog to stay alive.

In 2013 Benedict Allen was included in the Daily Telegraph's list of Britain's "Great Explorers" - the only other living adventurer being Sir Ranulph Fiennes. His presenting work includes the major eight-part reality epic Exhibition on Africa (2009) for the History Channel, Unbreakable (2008) for Channel Five, and Travellers' Century (2008) for BBC4. His six BBC series include Skeleton Coast, Edge of Blue Heaven and Ice Dogs. Last year Benedict presented Adventures for Boys: The Lost World of Ryder Haggard, and was an expert contributor for BBC2's Extreme Dreams.

Benedict Allen is an accomplished author with ten books to his name including The Faber Book of Exploration and Into the Abyss. He has written numerous articles for a wide range of magazines and newspapers, and is a hugely popular corporate motivational speaker. In 2010 Benedict became a trustee and member of council of the Royal Geographical Society.

Video



Testimonials

“

Your amazing Amazon adventures kept our audience spellbound. Although I am sure most would find the prospect of such a journey daunting, they will nevertheless have taken on board your lesson on the ability of men and women to overcome extreme adversity and succeed in the end.

IBM Ltd.

“

The points you made on teamwork and the power of the individual, plus your enthusiasm gave a perfect motivation and start to our conference.

Sericol Ltd.

“

We were enthralled by Benedict's keynote presentation at our conference ... Benedict scored by far the highest marks of all the presenters. He was described as 'inspirational', an excellent 'spirit lifter' and 'just superb'.

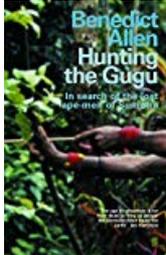
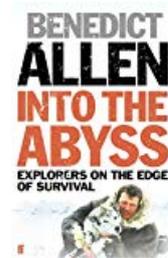
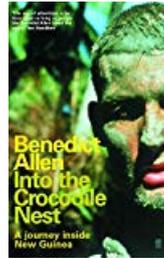
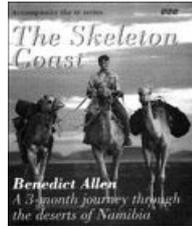
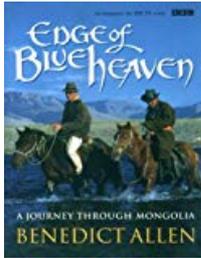
Progress Software Ltd.

“

Your speech was just what was needed at the end of a long day. Amusing and truly extraordinary! Everyone was recounting your stories afterwards. You have a very unusual – and special – life.

London Business School

Books and DVD's



TAGS FOR BENEDICT ALLEN

Travel

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