

Kriss Akabusi

Olympic silver medalist, World, European and Commonwealth champion

- Available For:
- Keynote Speaking
 - Motivational Speaking
 - Golf Days

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About

Kriss Akabusi is famous for his achievements in athletics where his greatest individual triumph was his Gold Medal in the 1990 European Championships when he also beat David Hemery's 22 year old British Record.

He began his international athletic career in 1983 as a member of the 4x400 metre relay squad and will probably always be remembered for helping Britain clinch the Gold and beat the Americans in the World Championships 4x400 metre relay in Tokyo in 1991. In 1992 as 3 x Olympic medallist, World, European and Commonwealth Champion Kriss was awarded the MBE by Her Majesty The Queen in her Birthday Honours List in recognition of his services to the country through athletics.

His start into television and entertainment began when he presented The Big Breakfast. This was followed with a full time position as co-presenter with BBC's Record Breakers. He has presented various childrens' programmes and appears regularly on game and chat shows where the brief is 'fun and entertainment'.

Kriss Akabusi is currently the CEO of a corporate communications and public relations company where his marvellous personality and reputation as a fantastic public speaker has made him a very popular and attractive advocate.

Testimonials

“

Just wanted to write to say a HUGE thank you to Kriss for closing our conference on Wednesday on such a high. The delegates were bowled over with his performance and haven't stopped talking about it yet!

Maggie, Premier Foods

“

As for Kriss Akabusi... words fail me. What an explosion of a performance, it can hardly be described as a speech or even a presentation. The showing of that memorable race, with his views on his team mates as commentary, was the icing on the cake.

Ann, The Leadership Trust

“

Kriss provided an uplifting, motivational speech which was filled with excellent anecdotes and humour and was much appreciated by all. Everyone, from trainee to director left the ceremonies with a 'feel good' factor.

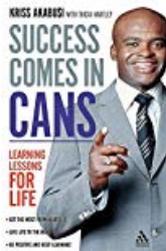
National Construction College, Kings Lynn & Paisley

“

Kriss, thank you for your outstanding contribution to Ford's recent conference. It was doubly satisfying that you were able to take on board so much of their content and make it truly personal. In many years of offering up good people to speak at events, you stand head and shoulders above many other names.

Simon Green Associates

Books and DVD's



TAGS FOR KRISS AKABUSI

Sport

Overcoming Adversity

Strategy & Competitiveness

Peak Performance

Inspirational

Athletics (Track & Field)

Teamwork

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