

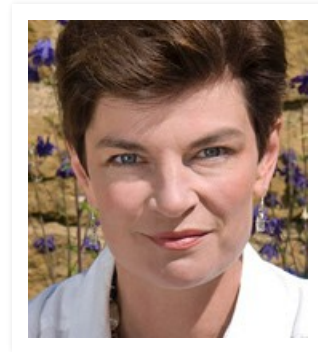
# Kate Sturgess

## Broadcast television presenter

Available For: 

- Hosting & Presenting

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## About

Kate Sturgess has a wealth of experience within broadcast television - presenting and producing programmes in her specialist area's of Health, Lifestyle, Rural Issues and Fitness.

She started her career on the Lifestyle Channel presenting the 'Body Talk' series before moving to Central Television to co-host 'Look Good, Feel Great' for the ITV Network. She has also co-produced a twelve part strand for 'This Morning' she has brought this broadcasting experience to her Corporate work.

This broadcast experience enabled Kate to transfer her skills to the demanding world of Conference Hosting and Business television where she is widely recognised as one of the most experienced business facilitators in the business.

Kate Sturgess' experience, confidence and skills means that she is at home talking about Brand Positioning with the CEO's of major blue chip companies as she is getting down and dirty with the boys on the shop floor! This in turn, has lead her to being a highly versatile presenter of Corporate videos and Business TV.

She has tackled topics as diverse as wheely-bins, IT, fire extinguishers, mortgages, cars, chocolate and Jewellery! You name it she has talked about it!

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